

Main menu table with columns for dates (3日 to 18日) and rows for ingredients and quantities. Includes a callout box for '6月4日~10日は歯と口の健康週間です!' and a '注意' box for 'さくらんぼはよくかんで'.

6月 食育月間 (June Nutrition Month) section. Includes a star icon for '26日(水) 食べ物を大切にする日' and a table for '給食物資内容表' (Food Resource Content Table) with dates and quantities for various items like '若鶏もも皮なし' and 'ハンバーグ'.

Continuation of the menu table from 19日(水) to 28日(水), including ingredients, quantities, and calorie counts for each day.