

Main menu table with columns for dates (27th to 13th) and rows for ingredients and quantities. Includes a '防災献立' (Disaster Preparedness Menu) section for the 24th.

Summary row for energy values (kcal) for each day and school level (4th grade, middle school).

Menu table for days 17-30, including dishes like 'つくねのすまし汁', 'ソバ・デ・アホ', '春雨スープ', etc., with ingredient lists and energy values.

給食物資内容表 (Food Supply Content Table) with a QR code and contact information for the school cafeteria.

※材料の都合により献立を変更することがあります。 (Note: Menu changes may occur due to ingredient availability.)

幼稚園と小学校、中学校で重量が違う献立は以下の通りです。 (Menu differences for kindergarten, elementary, and middle school.)

1日 防災の日 (1 Day Disaster Preparedness Day) with text explaining the significance of September 1st.

9日 重陽の節句 (9th Day Double Yang Festival) with text about the festival and chrysanthemum tea.

17日 中秋の名月 (17th Day Mid-Autumn Festival) with text about the festival.

